

MEMBERSHIP OPTIONS

ALL CROSSFIT MEMBERSHIPS INCLUDE VISION GYM MEMBERSHIP

ONE YEAR MEMBERSHIP

15 OR 30 SESSION PER MONTH OPTIONS
ADULT, COMMUNITY, COLLEGE, ADD-ON, FAMILY PRICING

NO OBLIGATION MEMBERSHIP

15 OR 30 SESSION PER MONTH OPTIONS
ADULT, 18 + UNDER PRICING

SESSION PACKAGES

10 PACK MEMBER & NON-MEMBER, SINGLE SESSION PRICING

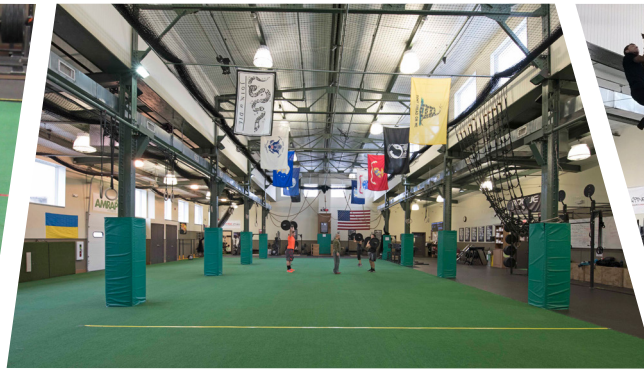
Sessions Expire 60 Days from purchase.

WITH COACH
RAY TRAITZ



AMRAP PROGRAMS

AMRAP KIDS | MOBILITY TRAINING | OBSTACLE COURSE
CORPORATE WELLNESS | 45 DAY CHALLENGE & NUTRITION
STRENGTH & CONDITIONING | METABOLIC HIIT TRAINING



SUMMER AMRAP NEWS

BEACH BODY CHALLENGE: 7/15
8 WEEKS | 16 SESSIONS : \$200

45 DAY CHALLENGE : 8/12 - 9/25
Body Transformation Challenge including Nutrition

PINWHEELS CHARITY EVENT - 8/17
PREVENT CHILD ABUSE AMERICA | 9AM-1PM



*All Sales Final. Some Restrictions may apply. Pricing and Terms subject to change.

EFFECTIVE 7/15/19