

InMotion Meals

Now Available At Vision Sports Club

Poultry

\$9.00

The Body Builder

Grilled Chicken With Yam & Broccoli

Three Alarm Chicken 🌶️ Spicy

Grilled Chicken Arabiata Over Brown Rice

Tex-Mex Addiction

Turkey Chili Over Brown Rice

Asian Sensation

Grilled Chicken Stir-Fry Over Brown Rice

The One & Only

Turkey Meatballs Over Brown Rice

Pasta

\$9.00

Beefed-Up Madness

Lean Beef Meat Sauce Over Whole Wheat Pasta

Summertime Tortellini Toss

Whole Wheat Cheese Tortellini, Grilled Chicken, Asparagus & Grape Tomato

The Guiltless Classic

Grilled Chicken Parmigiana Over Whole Wheat Pasta

The Power Pack

Whole Wheat Pasta Primavera With Grilled Chicken

Naked Lasagna

Low Fat Chicken & Spinach Whole Wheat Lasagna

Lean & Mean

Lean Beef Meatballs Marinara Over Whole Wheat Pasta

Vegetarian

\$9.00

The Wheat Whacker

Gluten Free Spinach & Potato Gnocchi With Fresh Tomato Sauce

Wonder Wheels

Whole Wheat/Low Fat Cheese Ravioli With Fresh Tomato Sauce

Veggie Heaven

Whole Wheat Pasta Primavera

Low Carb

\$9.00

Chicken Toscana

Grilled Chicken, Cannellini Beans, Tomato & Spinach

Chicken & Eggplant Delight

Balsamic Chicken Roasted, Red Peppers, Grilled Eggplant & Fat Free Mozzarella

Mr Clean

Grilled Lemon Chicken With Rosemary Roasted Red Potatoes