

Memorial Day Facility Hours

Sunday, May 28th
7:00 AM - 4:00PM

Monday, May 29th
6:00 AM - 1:00PM

Vision Day Care is closed on Monday

Group X Schedule

Sunday, May 28th
Classes on as scheduled

Monday, May 29th

📅 8:30 - 9:15AM

RIDE
with Jess P.

📍 Spin Studio

📅 9:30 - 10:15AM

GIT (Group Interval Training)
with Angelica.

📍 Group X Room

📅 9:30 - 10:30AM

Power Yoga
with Donna L.

📍 Serenity Studio

📅 10:30 - 11:30AM

Pilates/Yoga
with Rose F.

📍 Serenity Studio