



Vision Sports Club, in conjunction with Marcie's Movement, is pleased to offer a Class for All individuals including individuals with Special Needs. All are welcome!

NO LIMITS!

NEW CLASS ADDED

Tuesday & Thursday

🕒 4:00pm to 4:45 pm

🕒 4:45pm to 5:35 pm

Wednesday (NEW CLASS)

🕒 11:00am to 11:45 am

Monthly Fee Based on Weekly Frequency

(1x a week & 2x a week pricing available)

Non Refundable - all sessions are deducted weekly
Prices are subject to change - Some restrictions may apply





WHAT IS MARCIE'S MOVEMENT

Marcie's Movement was founded on the idea that movement is beneficial for the mind, the body, and the spirit. Through our movement, a powerful mind-body connection is cultivated and nurtured. Action fosters empowerment, whether in an educational setting or in the world beyond. Foundational in our mission is the focus on maximizing individual potential & health through activity and movement across various environments and for people of all ages & abilities-total health through action.

Healthy mind. Healthy body. Healthy spirit.

"I created Marcie's Movement in memory of & in dedication to my sister Marcie, who, without ever uttering one word, shared a bond with me that was unbreakable and filled with an abundance of love and happiness. In the 14 years we shared, Marcie taught me how to love unconditionally, live life fully every day, never take "no" for an answer, and most especially how to advocate with a heartfelt passion for those who need a voice. Marcie's lessons were a priceless gift that has guided my personal & professional life every day"

Alisa Jacobson