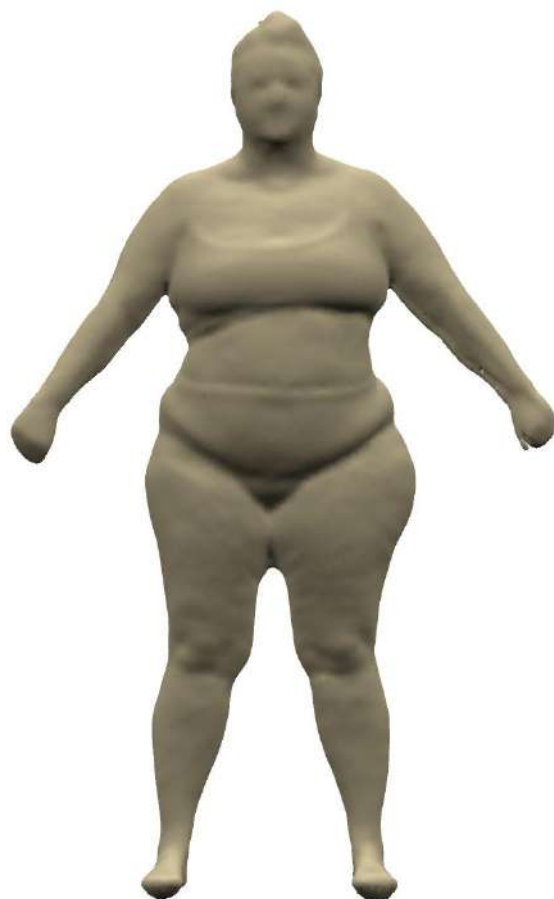


Scan History

Recap of your scans

# of Scans to date	3
Before/After	182 days
Net Loss/Gain	Lost 42.0 in (-10.7%)

■ First Scan
Apr 19

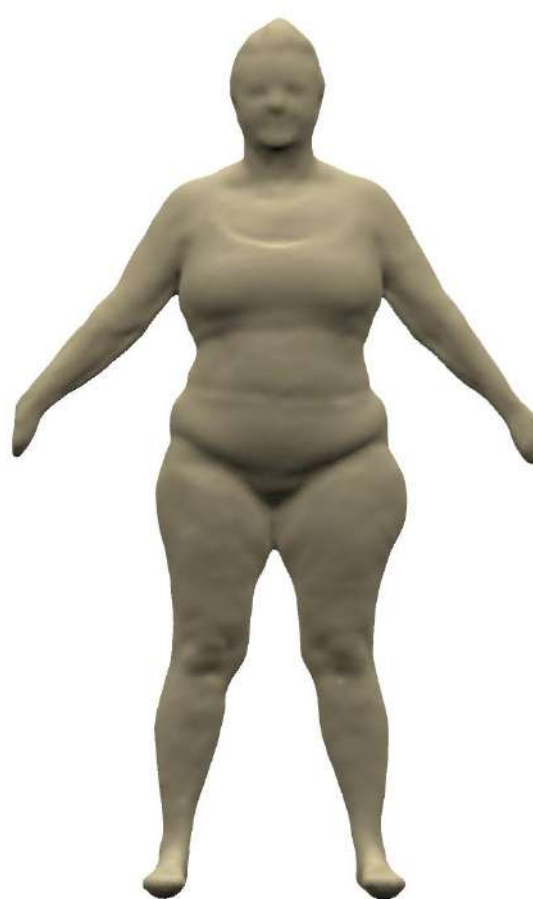


Circumference Summary

These are the biggest areas of change

Torso	Lost 25.7 in (-9.4%)
Neck & Arms	Lost 3.8 in (-9.4%)
Legs	Lost 12.5 in (-15.8%)

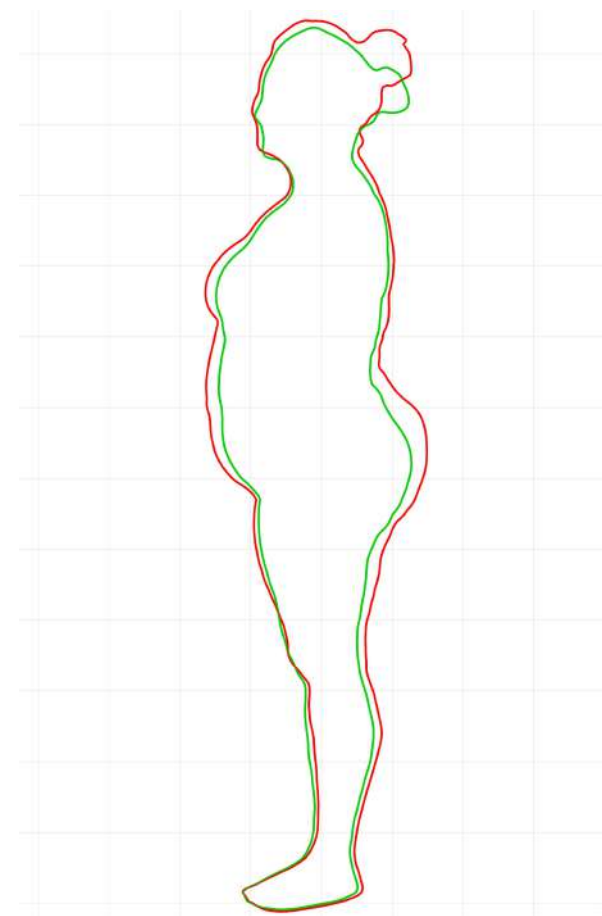
■ Last Scan
Oct 18



Composition Summary

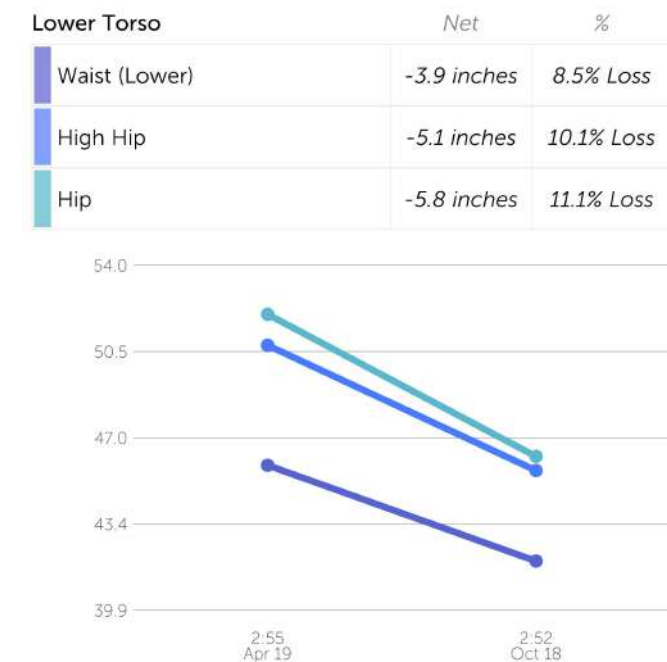
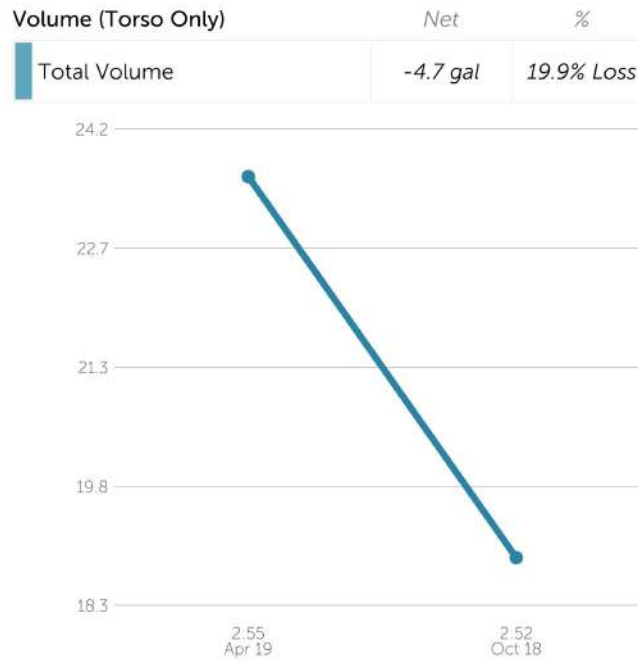
Your body composition progress

Total Weight	Lost 44.0 lbs (-19.0%)
Body Fat %	Lost 3.9% (-8.4%)
Lean Mass %	Gained 3.6% (7.1%)



CIRCUMFERENCES - MEASUREMENTS

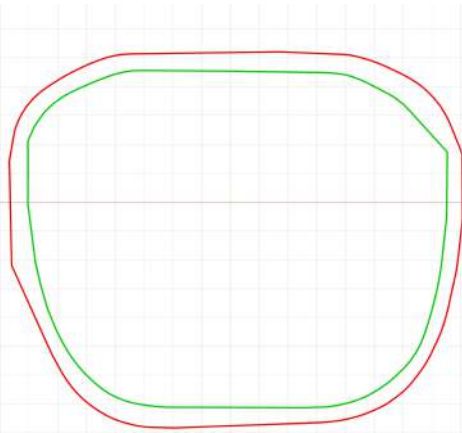
EXAMPLE FEMALE



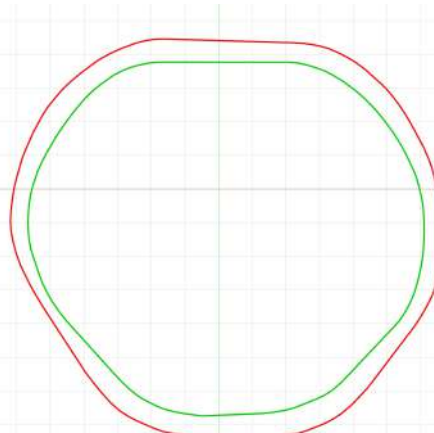
CIRCUMFERENCES - TORSO CROSS-SECTIONS

EXAMPLE FEMALE

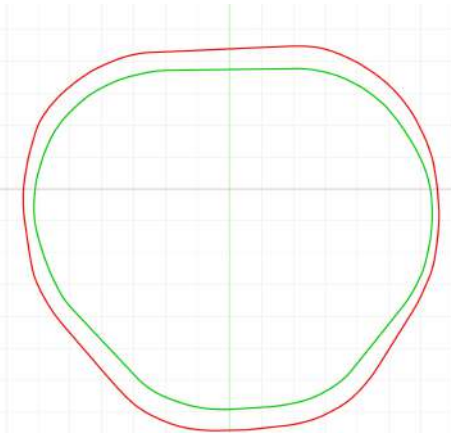
Chest	Net	%
Chest	-3.9 inches	8.1% Loss



Waist (Narrowest)	Net	%
Waist (Narrowest)	-3.7 inches	9.6% Loss

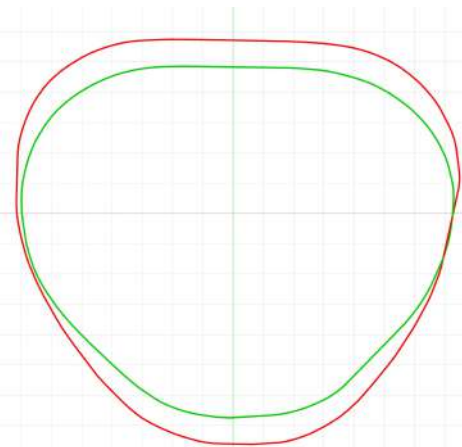


Waist (Abdominal)	Net	%
Waist (Abdominal)	-3.2 inches	8.3% Loss

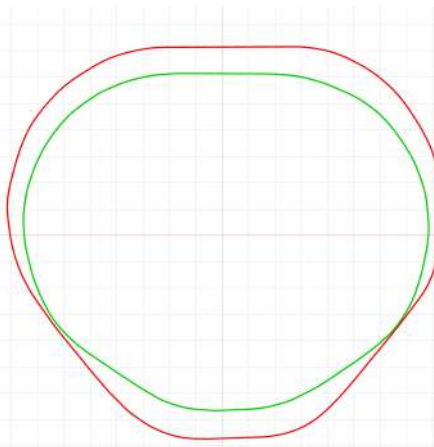


■ First Scan
 2:55 Apr 19, 2017
 ■ Last Scan
 2:52 Oct 18, 2017

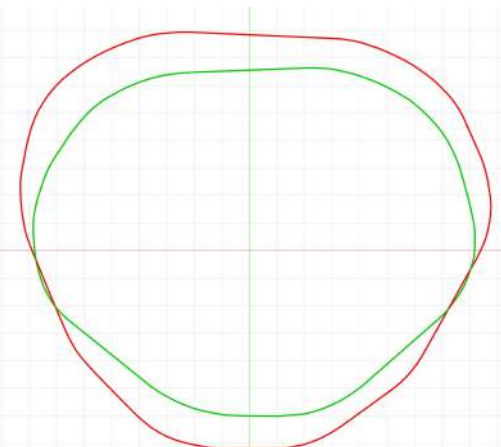
Waist (Lower)	Net	%
Waist (Lower)	-3.9 inches	8.5% Loss



High Hip	Net	%
High Hip	-5.1 inches	10.1% Loss

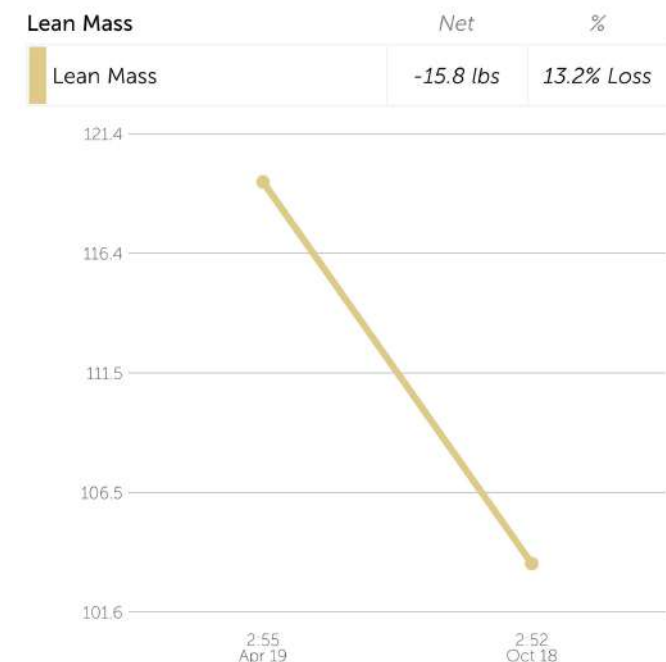
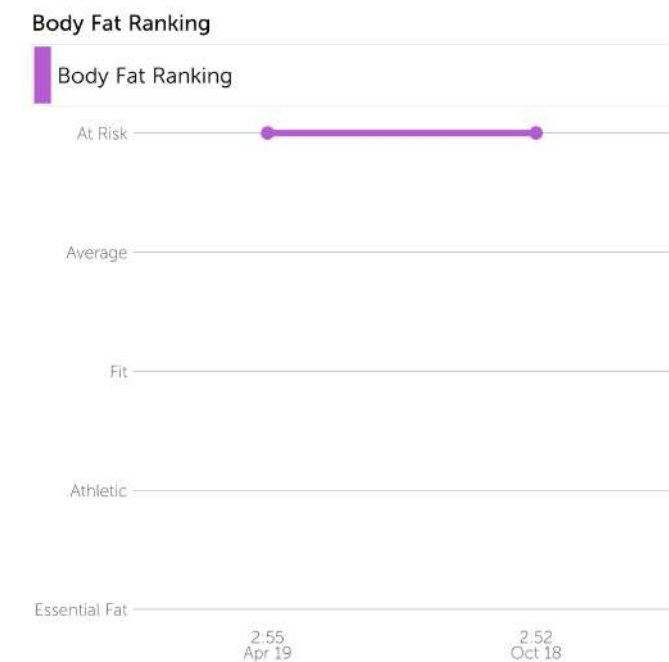
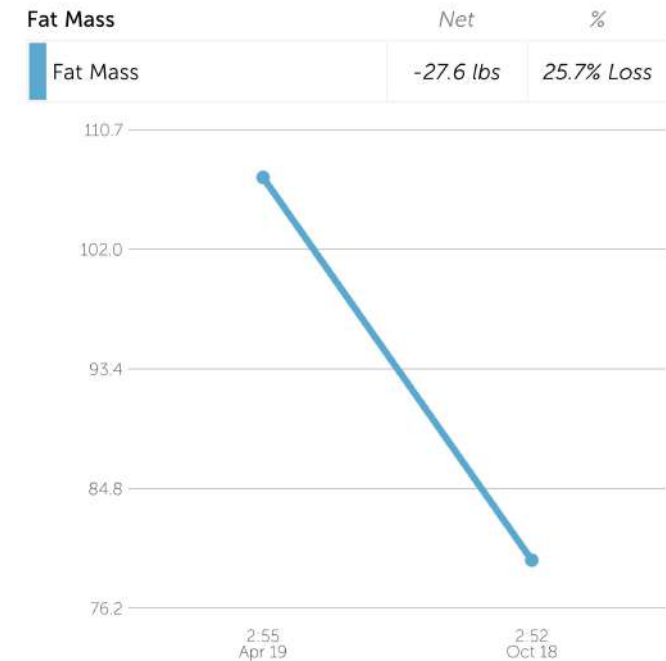
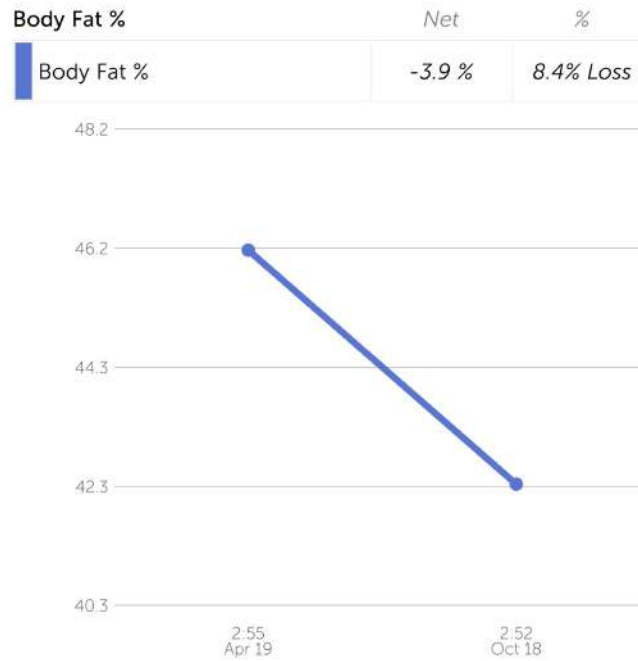


Hip	Net	%
Hip	-5.8 inches	11.1% Loss



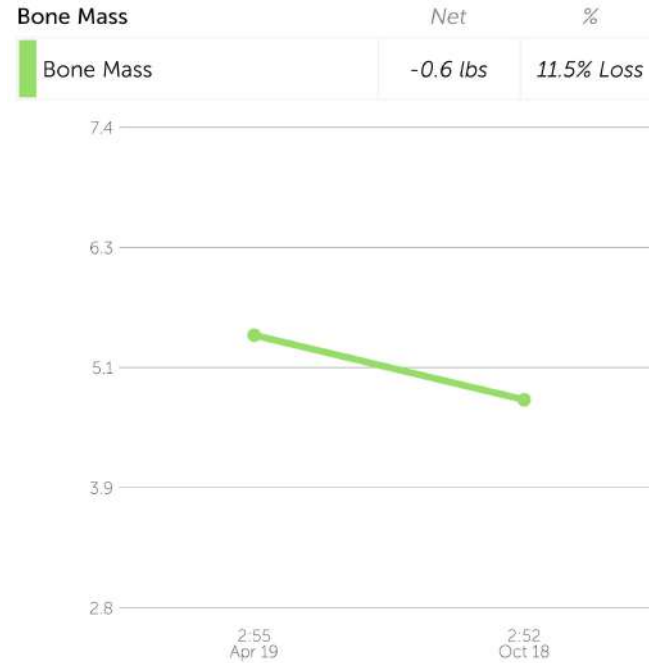
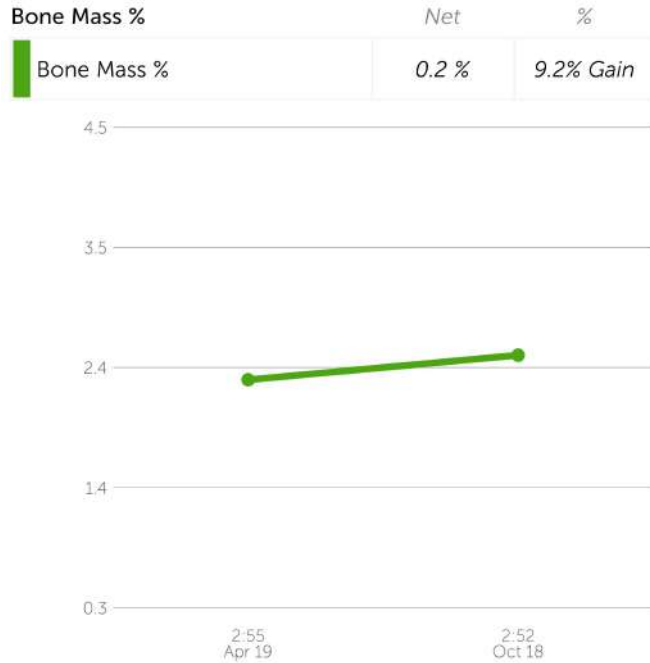
BODY COMPOSITION - FAT AND LEAN MASS

EXAMPLE FEMALE



BODY COMPOSITION - MINERAL CONTENT

EXAMPLE FEMALE



LEGEND

Bone Mass %

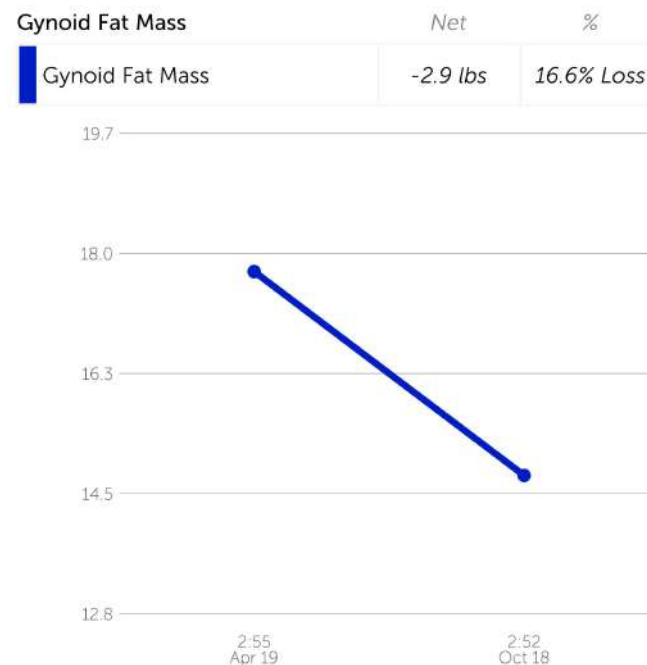
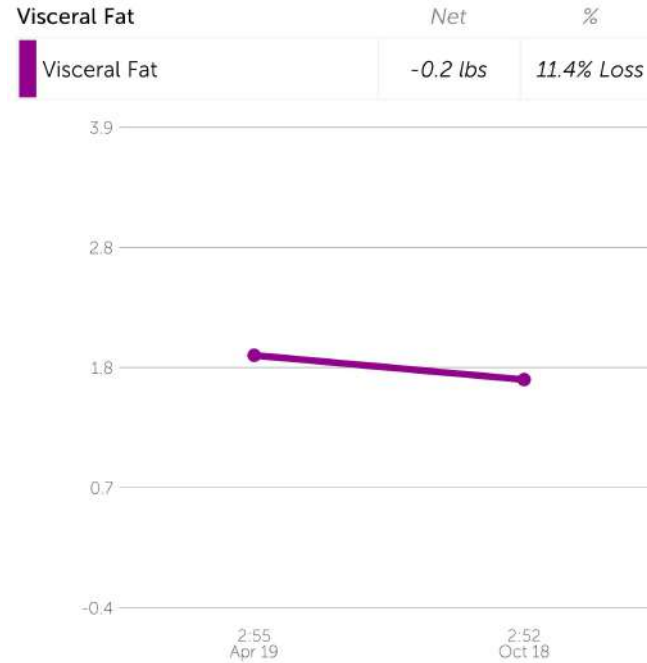
Bone Mass % is the percentage of bone mineral as compared to your total body weight. On average, adults have a bone mineral content of 3-5% of their total body weight. As you age, this can decrease and bone loss can occur, which can be detrimental to your health.

Bone Mass

Bone Mass is the amount of bone mineral in your body.

BODY COMPOSITION - REGIONAL FAT DISTRIBUTION

EXAMPLE FEMALE



LEGEND

Subcutaneous Fat

SAT Fat Mass is the amount of Subcutaneous Adipose Tissue (SAT) in your abdomen or belly. SAT is the fat carried just under your skin. Most of the fat in your body is SAT, and this type of fat has the biggest impact on your body's size and shape.

Visceral Fat

VAT Fat Mass is the amount of Visceral Adipose Tissue (VAT) in your abdomen or belly. VAT is the fat surrounding your internal organs, including your heart, liver and lungs. While some VAT is necessary, a high amount is associate with a number of health issues including type-2 diabetes, heart disease, colon cancer and stroke.

Android Fat Mass

Android Fat Mass refers to fat stored around the upper body, in the belly and waist. This region is where men typically carry the most fat.

Gynoid Fat Mass

Gynoid Fat Mass refers to fat stored around the hips, thighs and buttocks. This region is where women typically carry the most fat.

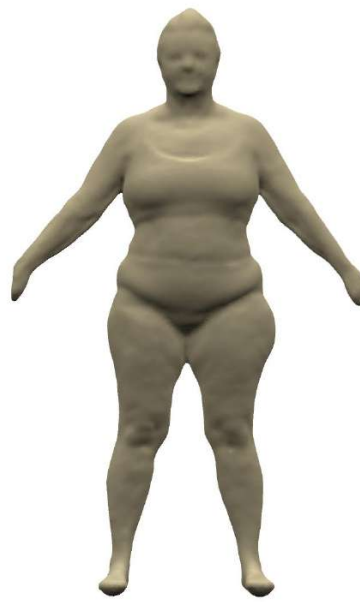
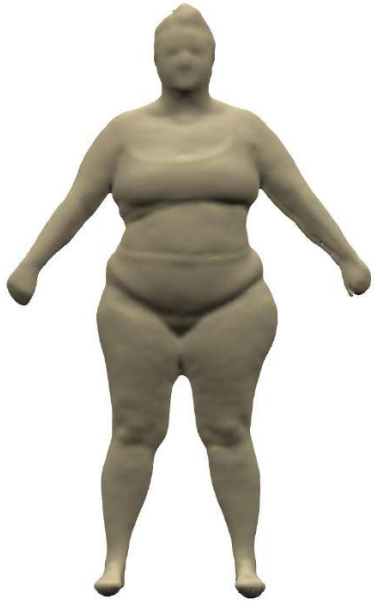
3D SCANS

EXAMPLE FEMALE

Apr 19

May 24


Oct 18

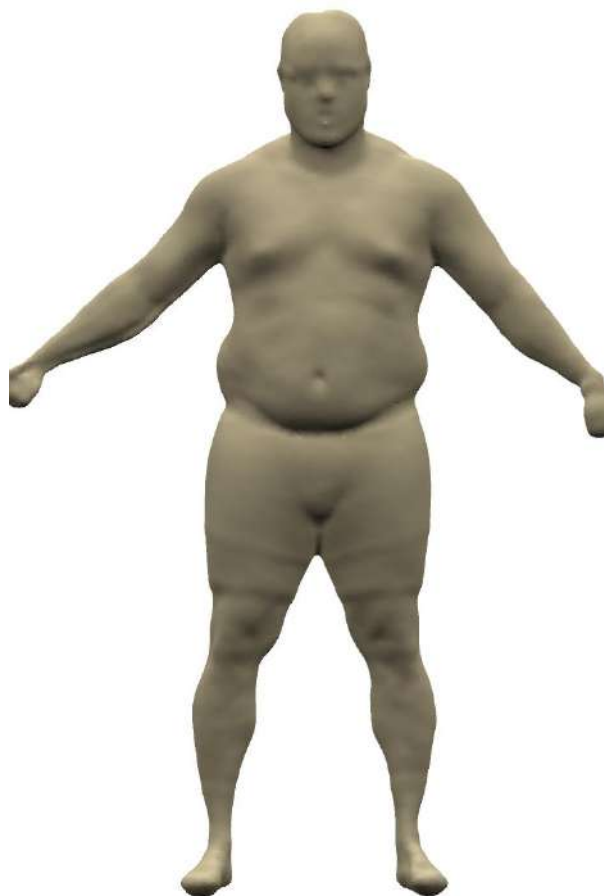


Scan History

Recap of your scans

# of Scans to date	2
Before/After	148 days
Net Loss/Gain	Lost 33.3 in (-9.0%)


 First Scan
May 11

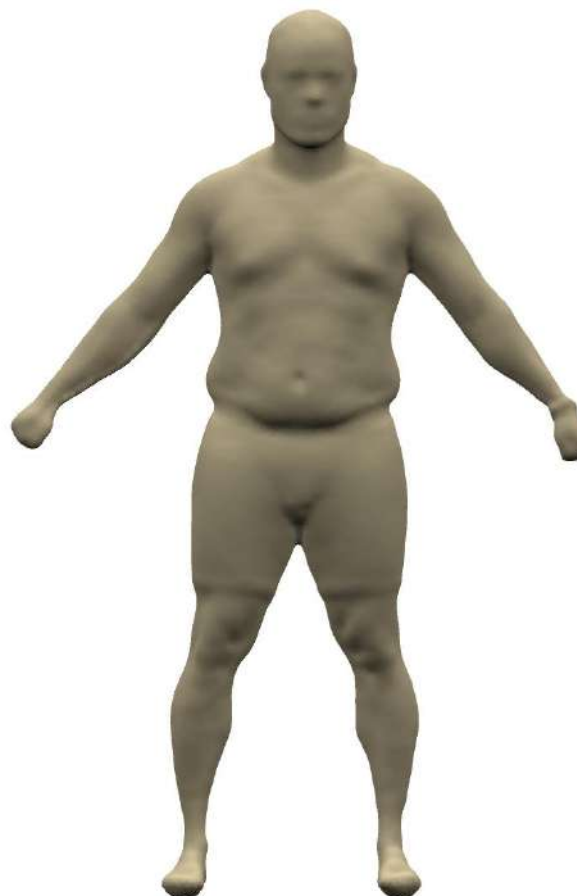


Circumference Summary

These are the biggest areas of change

Torso	Lost 24.8 in (-9.7%)
Neck & Arms	Lost 1.5 in (-3.6%)
Legs	Lost 7.0 in (-9.9%)

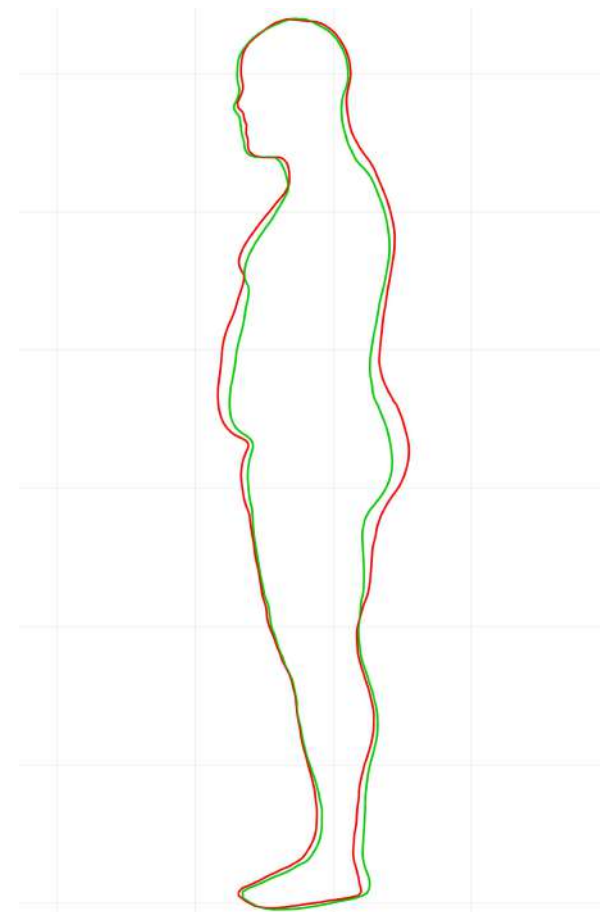
 Last Scan
Oct 5



Composition Summary

Your body composition progress

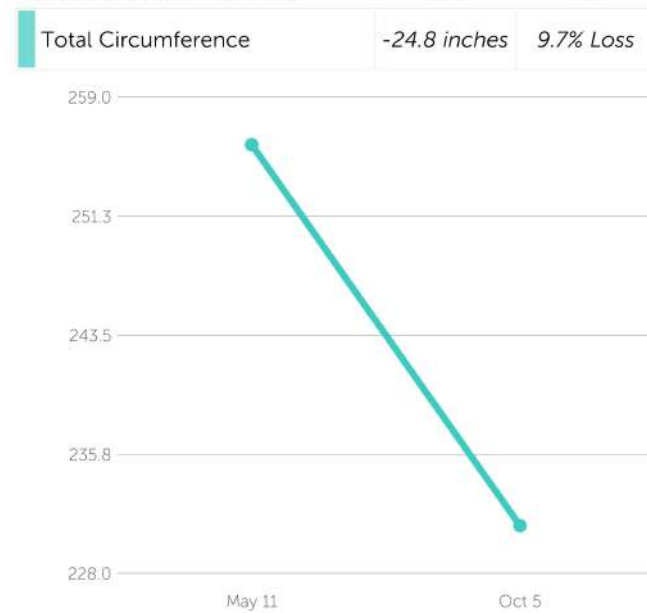
Total Weight	Lost 41.0 lbs (-17.7%)
Body Fat %	Lost 3.1% (-9.7%)
Lean Mass %	Gained 2.8% (4.3%)



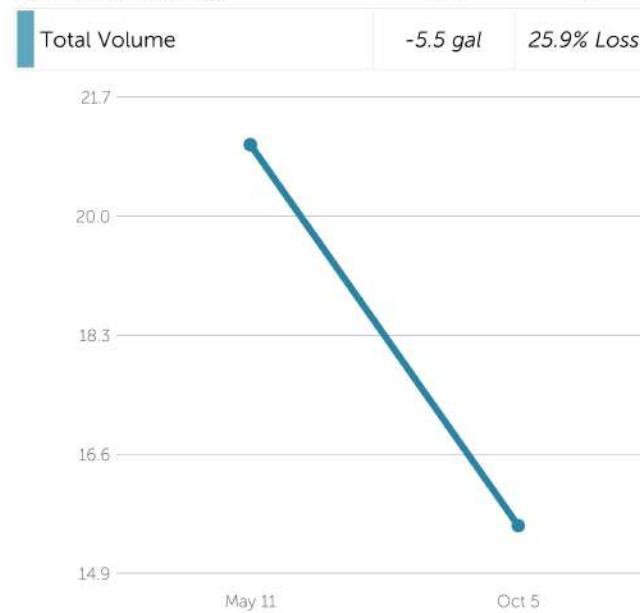
CIRCUMFERENCES - MEASUREMENTS

EXAMPLE MALE

Circumference (Torso Only)



Volume (Torso Only)



Upper Torso



Lower Torso



Neck & Arms



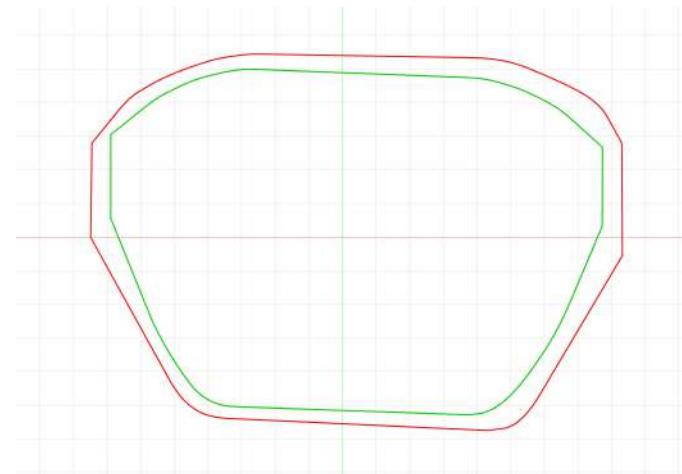
Legs



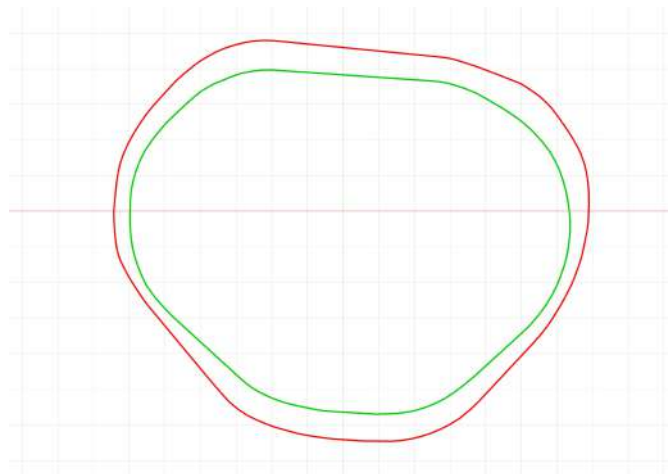
CIRCUMFERENCES - TORSO CROSS-SECTIONS

EXAMPLE MALE

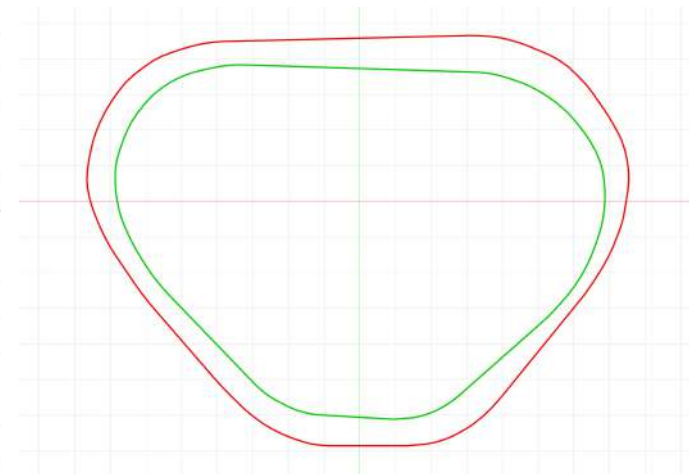
Chest	Net	%
Chest	-3.5 inches	7.9% Loss



Waist (Narrowest)	Net	%
Waist (Narrowest)	-3.9 inches	10.1% Loss



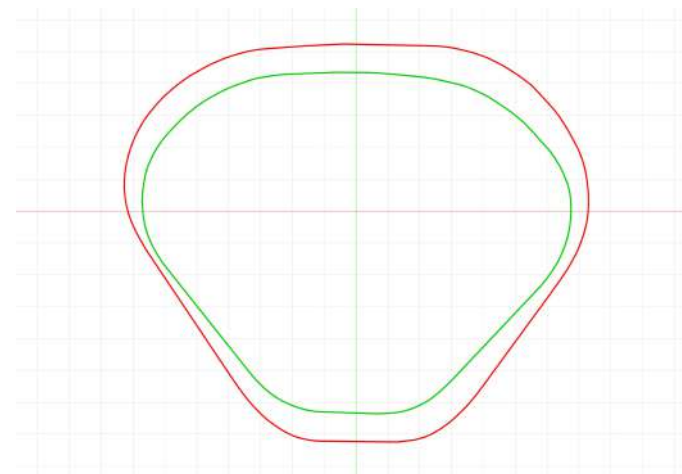
Waist (Abdominal)	Net	%
Waist (Abdominal)	-4.7 inches	11.2% Loss



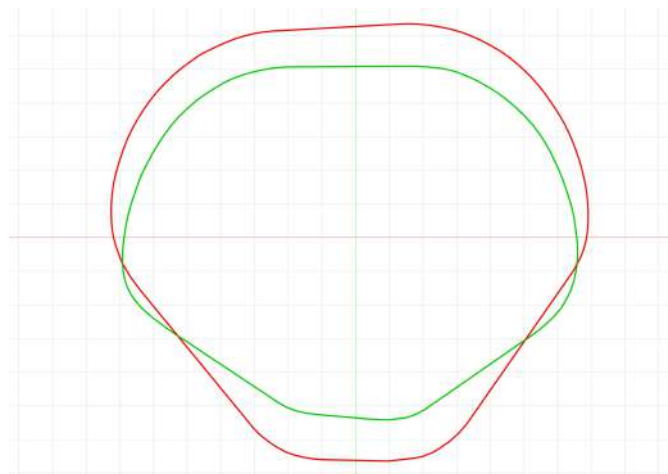
■ First Scan
May 11, 2016

■ Last Scan
Oct 5, 2016

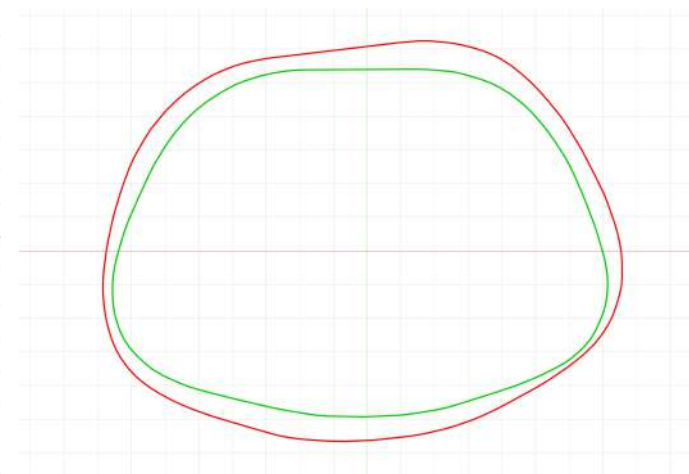
Waist (Lower)	Net	%
Waist (Lower)	-4.9 inches	11.2% Loss



High Hip	Net	%
High Hip	-4.6 inches	10.7% Loss

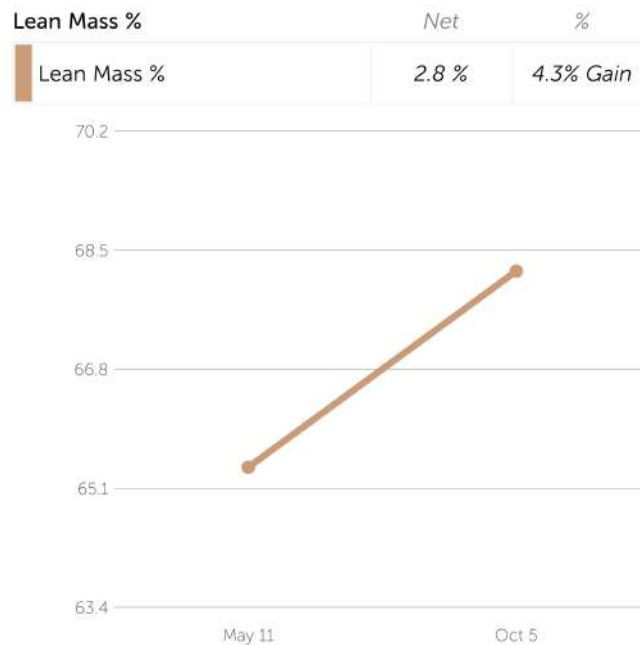
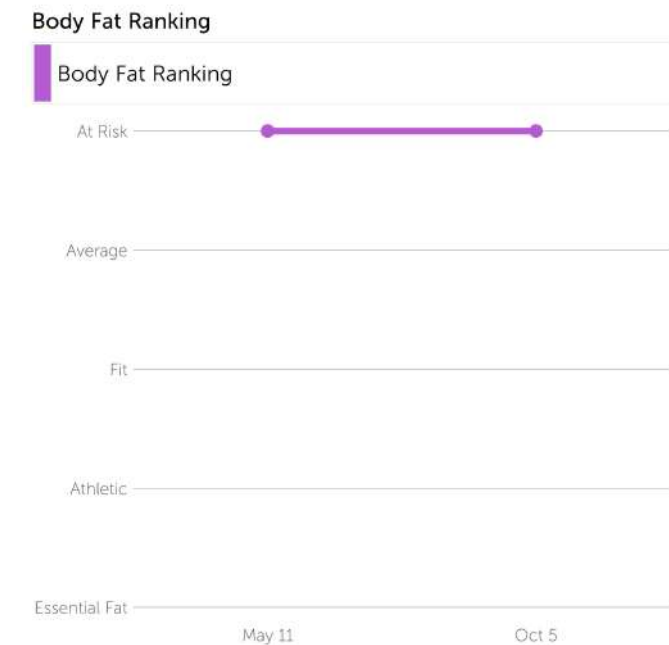
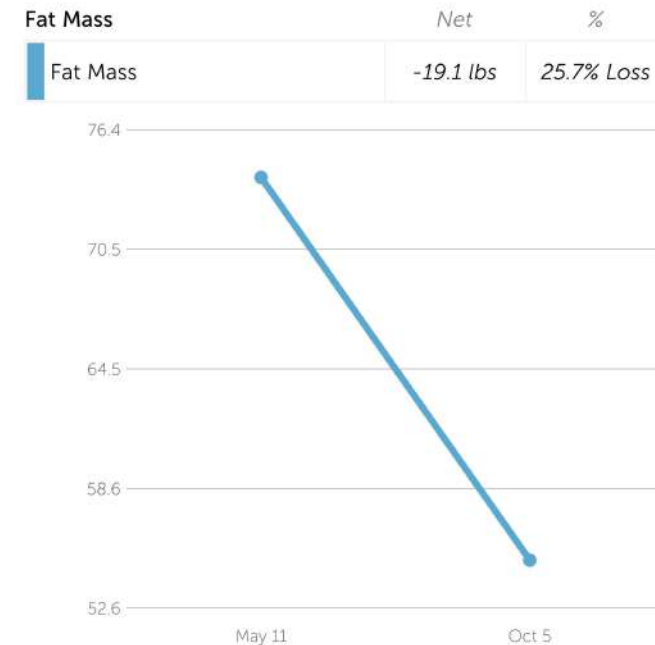


Hip	Net	%
Hip	-3.2 inches	7.2% Loss



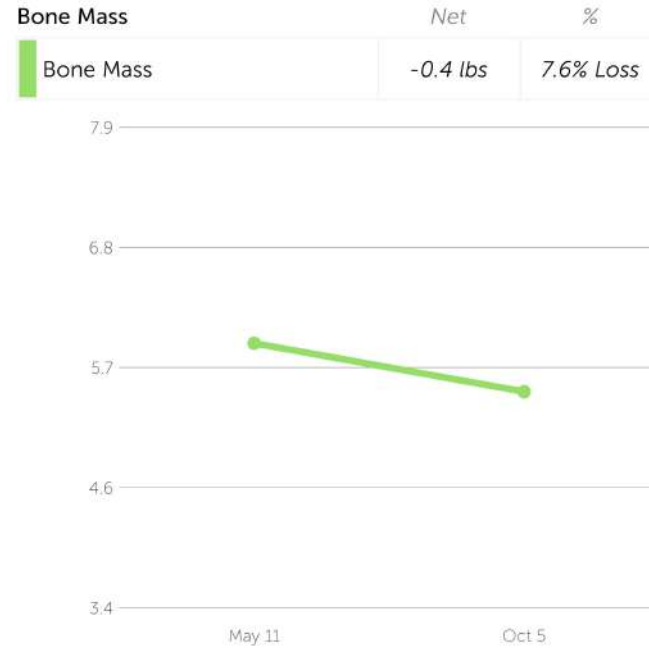
BODY COMPOSITION - FAT AND LEAN MASS

EXAMPLE MALE



BODY COMPOSITION - MINERAL CONTENT

EXAMPLE MALE



LEGEND

Bone Mass %

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Bone Mass

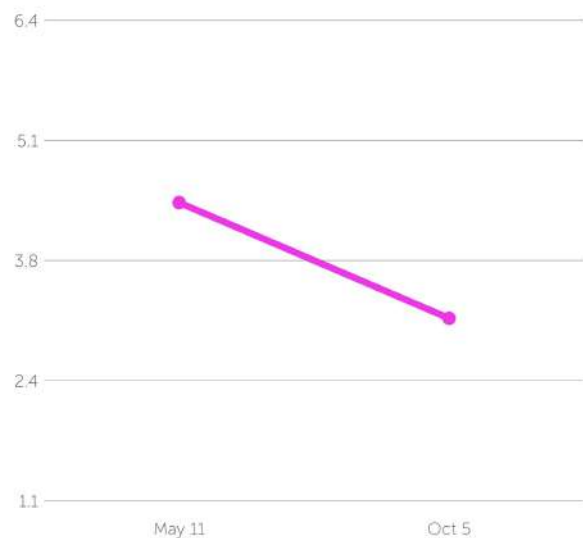
Bone Mass is the amount of bone mineral in your body.

BODY COMPOSITION - REGIONAL FAT DISTRIBUTION

EXAMPLE MALE

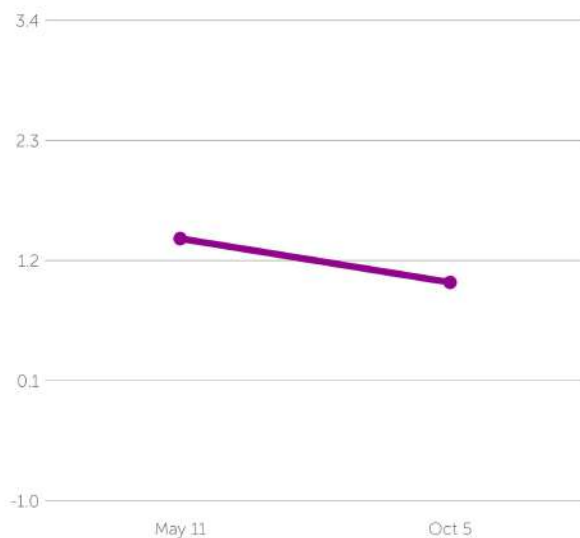
Subcutaneous Fat

	Net	%
Subcutaneous Fat	-1.3 lbs	28.8% Loss



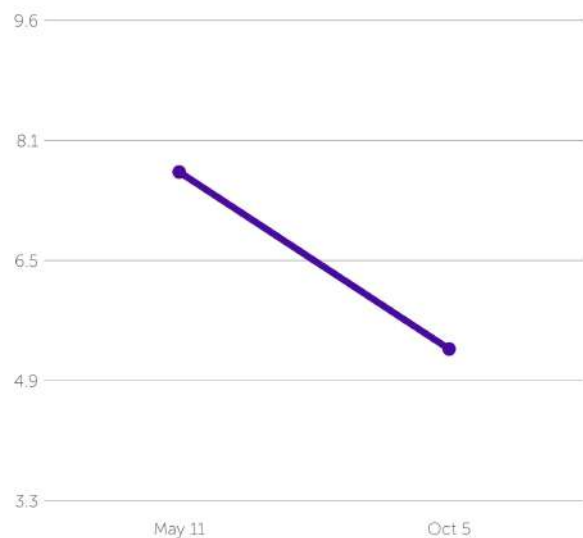
Visceral Fat

	Net	%
Visceral Fat	-0.4 lbs	28.7% Loss



Android Fat Mass

	Net	%
Android Fat Mass	-2.3 lbs	30.6% Loss



Gynoid Fat Mass

	Net	%
Gynoid Fat Mass	-4.0 lbs	20.7% Loss



LEGEND

Subcutaneous Fat

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Gynoid Fat Mass refers to fat stored around the hips, thighs and buttocks. This region is where women typically carry the most fat.

3D SCANS

EXAMPLE MALE

May 11

Oct 5

